

Patch your weak spots!



RISKS IN THE GAMING WORLD



CYBERBULLYING

or **online bullying**, takes place over digital devices like **cell phones, computers, and tablets**. It includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. Some common places where cyberbullying happens are social media, text messages, and online gaming communities.



SWATTING is the **malicious act** of making hoax, or false, calls or reports to emergency services. Threat actors use spoofing technology to make it appear the call or report is coming from the victim. Swatting is **intended to draw a large response** from SWAT teams or other law enforcement resources, causing chaos and the **potential for injury or violence**.

DOXING refers to gathering an individual's personally identifiable information (PII) and releasing it publicly for malicious purposes, such as public humiliation, stalking, identity theft, or targeting for harassment.



Text: 800-GAM
Chat: [NCPGambling.org/chat](https://www.ncpgambling.org/chat)



FOR MORE RESOURCES:

Scan the QR code

or visit:

[KnowWhenTheGameIsPlayingYou.com](https://www.KnowWhenTheGameIsPlayingYou.com)



*Video gaming-related harm can affect life, work, and relationships.
All Kansas residents can receive confidential, no out-of-pocket cost treatment.*

WHAT MAKES CYBERBULLYING UNIQUE?

PERSISTENT: Digital devices allow for immediate and continuous communication, 24 hr/day, so it can be difficult for children experiencing cyberbullying to find relief.

PERMANENT: Most electronic info is permanent and public, if not reported and removed. A negative online reputation can impact college admissions, employment, and other areas of life.

HARD TO NOTICE: Because teachers and parents may not overhear or see cyberbullying taking place, it is harder to recognize.

LIVES
+1

WHAT TO DO WHEN CYBERBULLYING HAPPENS

- ✦ **Notice** a change in mood or behavior and explore what the cause might be.
- ✦ **Talk** and ask questions about what's happening, how it began, and who's involved.
- ✦ **Document** everything happening and take screenshots of harmful posts.
- ✦ **Report** inappropriate and illegal behavior (like cyberbullying, threats, and crimes) to your school and/or the police.
- ✦ **Support** victims of cyberbullying with public and positive interventions and seek out help from a mental health professional.



DID YOU KNOW SWATTING...

- Typically involves claims of violent crimes such as active shooters, bomb threats, or hostage situations.
- Can target individuals, businesses, government officials, schools, faith-based institutions, and even federal facilities.
- Illegal and carries serious legal consequences for perpetrators.

LEVEL UP YOUR DEFENSE Resources for Safer Play

Identifying & Stopping
CYBERBULLYING



Escalating threats
of DOXING



Ways to protect yourself
against SWATTING



KNOW2PROTECT
Learn more about
staying safe online



KNOW WHEN THE GAME
IS PLAYING YOU

1-800-GAMBLER
HELP FOR PROBLEM GAMBLING
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Chat: NCPGambling.org/chat

Kansas
Department for Aging
and Disability Services

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