

Patch your weak spots!

KNOW WHEN THE GAME

IS PLAYING YOU™

RISKS IN THE GAMING WORLD



CYBERBULLYING

or **online bullying**, takes place over digital devices like **cell phones, computers, and tablets**. It includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. Some common places where cyberbullying happens are social media, text messages, and online gaming communities.



LIVES
♥
+1

SWATTING is the **malicious act** of making hoax, or false, calls or reports to emergency services. Threat actors use spoofing technology to make it appear the call or report is coming from the victim. Swatting is **intended to draw a large response** from SWAT teams or other law enforcement resources, causing chaos and the **potential for injury or violence**.

DOXING refers to gathering an individual's personally identifiable information (PII) and releasing it publicly for malicious purposes, such as public humiliation, stalking, identity theft, or targeting for harassment.

i-800-GAMBLER
HELP FOR PROBLEM GAMBLING
Text: 800-GAM
Chat: [NCPGambling.org/chat](https://www.ncpgambling.org/chat)

Kansas
Department for Aging
and Disability Services

FOR MORE RESOURCES:

Scan the
QR code

or visit:

[KnowWhenTheGameIsPlayingYou.com](https://www.KnowWhenTheGameIsPlayingYou.com)



Video gaming-related harm can affect life, work, and relationships.
All Kansas residents can receive confidential, no out-of-pocket cost treatment.

WHAT MAKES CYBERBULLYING UNIQUE?

PERSISTENT: Digital devices allow for immediate and continuous communication, 24 hr/day, so it can be difficult for children experiencing cyberbullying to find relief.

PERMANENT: Most electronic info is permanent and public, if not reported and removed. A negative online reputation, can impact college admissions, employment, and other areas of life.

HARD TO NOTICE: Because teachers and parents may not overhear or see cyberbullying taking place, it is harder to recognize.

LIVES
♥
+1

WHAT TO DO WHEN CYBERBULLYING HAPPENS

- ✦ **Notice** a change in mood or behavior and explore what the cause might be.
- ✦ **Talk** and ask questions about what's happening, how it began, and who's involved.
- ✦ **Document** everything happening and take screenshots of harmful posts.
- ✦ **Report** inappropriate and illegal behavior (like cyberbullying, threats, and crimes) to your school and/or the police.
- ✦ **Support** victims of cyberbullying with public and positive interventions and seek out help from a mental health professional.

DID YOU KNOW SWATTING...

- Typically involves claims of violent crimes such as active shooters, bomb threats, or hostage situations.
- Can target individuals, businesses, government officials, schools, faith-based institutions, and even federal facilities.
- Illegal and carries serious legal consequences for perpetrators.

LEVEL UP YOUR DEFENSE

Resources for Safer Play

Identifying & Stopping CYBERBULLYING



Escalating threats of DOXING



Ways to protect yourself against SWATTING



KNOW2PROTECT Learn more about staying safe online



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